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Junior Tennis Sessions:

Fall 1 (8 weeks) Sept 5-Oct 29 (Mon, pro-rated 7 weeks)

Fall 2 (8 weeks) Oct 30-Dec 22 (Omit Nov 23-26
Session classes pro-rated and
shorten due to holidays)

Ages 10 and Under Courts!

Introduce your child to this lifetime sport in the most fun-filled, kid-friendly environment. Your child will be taught all the entry level skills required to play tennis. Classes will take place on our specially designed 36' x 18' court. All classes will use appropriate lower compression balls specific to age group and level. *Advanced U8 classes taught on the U10 court.

U6 Tennis on Courts – Ages 4-6

Mon/Wed/Fri	4:30-5:30 pm	
Tues	4:30-5:30 pm	5:30-6:30 pm
Thurs	4:00-5:00 pm	5:00-6:00 pm
Sat	9:30-10:30 am	12:00-1:00 pm
	2:30-3:30 pm	
Sun	1:30-2:30 pm	4:00-5:00 pm

Cost 1 hour for 8 weeks:

Fitness Member	\$132
Program Member	\$144

U6 Tennis Daytime Classes – Ages 4-6

Tues	12:15-1:15 pm	
Thurs	12:15-1:15 pm	

Cost 1 hour for 8 weeks:

Fitness Member	\$109
Program Member	\$135

U8 Tennis on Courts – Ages 7-8

Mon/Wed/Fri	5:30-7:00 pm	
Sat	10:30 am-12:00 pm	1:00-2:30 pm
	3:30-5:00 pm	
Sun	2:30-4:00 pm	5:00-6:30 pm

Cost 1 1/2 hours for 8 weeks:

Fitness Member	\$195
Program Member	\$206

*Advanced U8 Tennis on Courts – Ages 7-8 (Director approval required)

Tues/Thurs 4:30-6:30 pm

Cost 2 hours for 8 weeks:

Fitness Member	\$323
Program Member	\$354

U10 Tennis – Ages 8-11

This student is ready for a combination of 60' court play and full court play. This class will focus on stroke production and teach the fundamentals of movement on a tennis court. This program will cover serving, score-keeping and developing all the tools necessary to begin competing with other children.

Mon/Wed/Fri	4:30-6:30 pm	
Tues	4:30-6:30 pm	
Sat	11:00 am-1:00 pm	1:00-3:00 pm
	3:00-5:00 pm	
Sun	2:30-4:30 pm	4:30-6:30 pm

Cost 2 hours for 8 weeks:

Fitness Member	\$323
Program Member	\$354

Teen Tennis – Ages 11-17

This student wants to learn the sport of tennis. Join up with kids your own age with the same goals. The class will cover all the skills necessary to begin to play. Our professionals will be going through all the fundamentals at a speed that a teenager can handle.

Mon/Wed/Fri	4:00-6:00 pm	
Sat	1:00-3:00 pm	3:00-5:00 pm
Sun	2:30-4:30 pm	4:30-6:30 pm

Cost 2 hours for 8 weeks:

Fitness Member	\$323
Program Member	\$354

Full Court Training - Ages 9-12

This student has learned basic tennis skills and is ready to start extensive full court tennis training. All aspects of the game will be taught including ground strokes, volleys, overheads, serving and receiving. Professionals will also introduce early strategy development during competitive games. Players will be encouraged to participate in other tennis playing events.

Mon/Wed/Fri	4:30-6:30 pm	
Tues/Thurs	4:30-6:30 pm	
Sat	1:00-3:00 pm	3:00-5:00 pm
Sun	2:30-4:30 pm	4:30-6:30 pm

Cost 2 hours for 8 weeks:

Fitness Member	\$323
Program Member	\$354

**ALL 24 HOUR or LESS
TENNIS COURT RESERVATIONS
are \$26/hour**

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Pre-Tourney Development - Ages 12-17

This program is designed for a player that has been playing for several years and that is working towards participating in a competitive setting or sanction tournament play. It will focus on repetition, intermediate stroke production and strategic point play.

Mon/Wed/Fri	4:30-6:30 pm	
Thurs	4:30-6:30 pm	
Sat	1:00-3:00 pm	3:00-5:00 pm
Sun	2:30-4:30 pm	4:30-6:30 pm

Cost 2 hours for 8 weeks:

Fitness Member	\$323
Program Member	\$354

District Training

This program is designed for players that are competing in USTA sanctioned tournaments. Players must have a District or Midwest ranking. Hard work and dedication is a requirement. On court conditioning will be part of the class format. Players are required to sign up for two days per week. Placement approval is required.

Ages 8-12 Mon/Wed/Fri 4:30-6:30 pm

Ages 13-18 Tues/Thurs 4:00-6:00 pm

Cost 4 hours for 8 weeks:

Fitness Member	\$560	2 Days
Program Member	\$605	

JV Training - Ages 13-17

This program is designed for the player that has played many years of tennis and is working towards a position on a High School tennis team. Doubles skills will be a significant focus of the class. All aspects of competitive high school tennis will be covered including strategy and on court conditioning. Players are required to sign up for two days per week. Placement approval is required.

Mon/Tues/Wed/Thurs/Fri	4:00-6:00 pm	
Sat	1:00-3:00 pm	3:00-5:00 pm
Sun	2:30-4:30 pm	4:30-6:30 pm

Cost 4 hours for 8 weeks:

Fitness Member	\$560	2 Days
Program Member	\$605	

Note: Program times, days and rates may be subject to change. Contact Programs at 248-735-8850 ext.112 for updated information. No refunds for missed classes.



Varsity Training

Directed by Jayson Torres. This program is designed for the High School Tennis player who wants to stay sharp and learn new skills. Coaches will expect a hard and sincere work effort. Players must be participating on a qualified high school team. All players will be divided up by level. Players are required to participate in two days per week. Placement approval is required.

Tues/Thurs 4:00-6:00 pm

Cost 4 hours for 8 weeks:

Fitness Member	\$560	2 Days
Program Member	\$605	

Junior Matchplay

Directed by David Kamisar at ext. 218 or email David at userdavid249@gmail.com. Fall hours start September 9 and 10.

Sat	5:00-8:00 pm
Sun	11:30 am-2:30 pm